



First Nations
Technical Services
Advisory Group

Sustainable Communities

SOLID WASTE MANAGEMENT TRAINING COURSES

Coaching & Mentoring

Course Objectives

- Understand the difference between Mentoring and Coaching.
- Define the elements of a successful Coaching relationship.
- Understand the structure of a Coaching session and describe the steps of the GROW Coach Model.
- Explore barriers to successful Coaching relationships.
- Understand the role of Coach in creating conditions that support Transfer Station operators
- Demonstrate understanding of active listening and effective questioning.
- Be aware of learning and personality styles and their effect on building rapport.
- Understand and be able to use the tools that help to guide their roles as Mentor and Coach.
- Understand how to build a Coaching agreement that includes accountability and commitment from both the Coach and the Learner.
- Understand the boundaries under which the Coaching relationship is bound.



Contact us

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